

Burn in the Forest Event Survival Guide

See bumintheforest.com for more information

www.burningman.com

www.gvias.org

10 Principles of Burning Man

Radical Inclusion

Gifting

Decommodification

Radical Self-Reliance

Radical Self-Expression

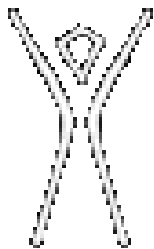
Communal Effort

Civic Responsibility

Leaving No Trace

Participation

Immediacy



What to Bring...

- ◆ Your Ticket
- ◆ Water
- ◆ Food, dishes, utensils, campstove, etc.
- ◆ Bedding and shelter. This includes a proper tent, shade structures, sleeping bags, pillows, etc.
- ◆ Garbage bags—trash receptacles are not provided for you!
- ◆ Toilet paper—single ply. Please remember the Burning Man rule—If your body didn't make it, the potty cannot take it!
- ◆ Sturdy shoes—especially for night time. There are many hazards such as uneven ground, rocks, and driftwood sticking up
- ◆ Flashlights, headlamps, lanterns, extra batteries
- ◆ Earplugs—people won't all want to sleep when you do
- ◆ Rope, glowsticks, solar lights, etc. Use these to mark off hazards in and around your camp
- ◆ Sunscreen, lip balm, sunglasses
- ◆ Costumes, clothing, musical instruments, art, theme camp décor, random creative projects
- ◆ A Bicycle! The campsite is over 1KM long!
- ◆ Insect repellent
- ◆ Your Gifts to share with community members
- ◆ COMMON SENSE, AN OPEN MIND, and A POSITIVE ATTITUDE

What NOT to Bring:

- ◆ Alcohol and illegal substances
- ◆ Explosives, aerial flares, rockets
- ◆ Animals—please leave dogs at home
- ◆ Things that create MOOP: Matter Out Of Place

*BiTF is a Leave No Trace event

Consent is SEXY!

Yes means Yes!

No means No!

Burn in the Forest can be a sexually charged environment. We want to ensure that sex-positive free expres-

sion thrives, while protecting against sexual harassment and assault. It is important to know your sexual boundaries, be comfortable expressing them, and to ask and respect the sexual boundaries of

your partner. As our friends at the Bureau of Erotic Discourse remind us:

Consent is the BEST lubricant!

www.bureauoferoticdiscourse.com

Staying Safe and Healthy at BiTF

Water!

Drinking enough water is crucial to ensure you remain healthy the weekend. Signs that you may not be drinking enough water:

- ◆ You don't have a water bottle with you when you're out and about
- ◆ You swill instead of drinking deeply
- ◆ You wait until you're thirsty to drink
- ◆ Your urine is anything but clear and abundant
- ◆ You become cranky

Remember the burner mantra:
Piss Clear!

Food

Bring lots of nourishing foods, and have snacks on hand always. Maintaining a proper electrolyte balance will allow you to party and play while avoiding burn out.

Clothing

Come prepared for all weather—sun, rain, warm, cold. Being able to dress for it all makes for a more relaxed and enjoyable adventure.

Buddy System

Always tell a friend where you're headed, and check in with them periodically. Good campmates look out for one other, and help each other out when necessary.

Know Your Limits

There's a lot of stimulation and excitement at BiTF, and it can be easy to get carried away. Be mindful. Do not accept anything from anyone you are not comfortable with and avoid substance experimentation. Use the Buddy System, and know where to find Peer Support and First Aid.

What to do if-

Should you come across a situation you aren't sure how to deal with, ask for help. Rangers, First Aid, DPW, Production Team, and Paramedics are there for your safety and protection.

Participant Responsibilities

Tickets: Violation of these rules, or violent anti-social behavior, can result in revocation of your ticket and ejection from the event without refund.

Cars: No cruising!

Leave No Trace: BiTF is a Leave No Trace event. Please pack it in and pack it out!

Commerce: You cannot buy or sell

anything.

Public Boundaries. Please respect that we have neighbours.

Fire Guidelines: Safety is Essential.

Sound: Sound camps must be located in designated and pre-arranged areas only.

Dogs. BiTF is a no-dog event.

Firearms. The possession of firearms within BiTF is prohibited.

*****BiTF is a drug and alcohol free event*****

Essential Services

Rangers, Peer Support and Paramedics

Rangers are volunteers that provide an additional level of safety, support and security during the event. In addition to assisting participants with health and

safety awareness, we also provide support for disorientated, physically and mentally exhausted individuals at Sanctuary (evenings). If you require assistance, approach a Ranger or visit Sanctuary for peer support.

For more information on BiTF and Burning Man preparation, please see:

www.burnintheforest.com

www.burningman.com

www.burningman.com/preparation